

Indra R . Dual effect of Quercetin, the Antimetabolic Syndrome is Mediated by Adipocyte Activation

Abstract

Backgrounds. The objective of this study was to elucidate the role of flavon quercetin in influencing TNF α expressions via MAPK (ERK1/2) and NF κ B pathways in high dose leptin-induced endothelial cells in vitro.

Methods. Human umbilical vein endothelial cells (HUVECs) cultures were exposed with high dose leptin (500 ng/mL) and quercetin in four doses (0, 50, 125 and 625 μ M). The experimental groups of this study were: no leptin and no quercetin; 500 ng/mL leptin and no quercetin; no leptin and 50 μ M quercetin; no leptin and 125 μ M quercetin; no leptin and 625 μ M quercetin; 500 ng/mL leptin and 50 μ M quercetin; 500 ng/mL leptin and 125 μ M quercetin; 500 ng/mL leptin 625 μ M quercetin. After six hour incubation, ERK1/2 MAPK, NF κ B, and TNF α expression were determined by ELISA and immunofluorescence methods. Data obtained was statistically analyzed using one way ANOVA followed by Tukey's test.

Results. The results showed that 500 ng/mL leptin increases ERK1/2, NF κ B, TNF α expression compared to control. The increased levels of NF κ B on high dose of leptin were reduced by the addition of 50, 125 and 625 μ M quercetin, respectively. Notably, there was no significant difference in ERK1/2 expression between control and quercetin-treated groups. TNF α level was significantly decreased post 50 μ M quercetin treatment, which interestingly was increased after increasing the quercetin dosages to 125 and 625 μ M.

Conclusions. Low dose of quercetin inhibited the high levels of leptin-induced TNF α . The optimum dose of quercetin was 50 μ M. This inhibition process occurred through inhibition of NF κ B signal, but not ERK1/2 MAPK pathways.

Keywords: leptin, quercetin, NF κ B, TNF α , endothelial dysfunction