

15. Selekra, I. 2008. Efek Quercetin terhadap Penurunan Kadar Resistin pada Tikus Wistar yang Dibuat Obesitas. S1 Thesis. Brawijaya University, Malang.
16. Setyowati P. 2008. Aktivasi Makrofag dan Monosit Chemoattractant Protein-1 Akibat Paparan Quercetin pada Tikus dengan Diet-Induce. S1 Thesis. Brawijaya University, Malang.
17. Siwi, K. 2008. Pengaruh Pemberian Quercetin terhadap Kadar Leptin Serum Tikus Wistar yang Mengalami Obesitas. S1 Thesis. Brawijaya University, Malang.
18. Spika T. 2008. The Effect of Family Factors on Exclusive Breastfeeding Duration. S2 Thesis. Diponegoro University, Semarang.
19. Wulandari, DS. 2008. Efek Anti Sindrom Metabolik Quercetin terhadap Kadar Insulin - Like Growth Factor - 1 pada Plasma Tikus Putih Jantan (*Rattus Novergocus*) Strain Wistar Obese. S1 Thesis. Brawijaya University, Malang.
20. Yohan K. 2008. Efek Quercetin sebagai Anti Sindroma Metabolik terhadap Penurunan Kadar Angiotensin II dalam Serum Tikus Wistar. S1 Thesis. Brawijaya University, Malang.

## 2009

21. Adenina S. 2009. The Relationship of Nutrition Knowledge and Attitude of Adolescent School Girls in Pesantren Ibadurrachman - Tangerang. S1 Thesis. Esa Unggul University, Jakarta.
22. Adharini D. 2009. Effect of Commercial Acidity Fermented Milk on Blood Pressure and Cholesterol in Hypertensive Patients in Hospitals Cianjur. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
23. Annisa D. 2009. Effect of Cow Milk and Wing Beans (*Phosopocarpus Teragonolobus*) Supplementation on Quality (Organoleptic Properties, Acidity And Lactic Acid) of Soybean Kefir Extract. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
24. Fauziah R. 2009. Effect of Powdered Skimmed Milk and Soybean Extract (Glycinemax) Supplementation on Quality (Organoleptic Properties, Acidity and Lactic Acid) of Soybean Kefir Extract. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
25. Febriani E. 2009. The Relationship of Nutrient Intake (Protein, Iron, Vitamin C and Folic Acid), Fruit and Vegetables with Hemoglobin Level of Adolescent School Girls in Pesantren Ibadurrachman - Tangerang. S1 Thesis. Esa Unggul University, Jakarta.
26. Juliani W. 2009. Effect of Catfish and Banana Bloom on Organoleptic and of Protein Catfish Shredded. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
27. Marisa R. 2009. Effect of Green Bean Extract (*Phaseolus Radiatus*) Supplementation on Quality (Organoleptic Properties, Acidity and Lactic Acid Levels) in Green Bean Extract Product Kefir. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
28. Mayangsari D. 2009. The Effect of The Consistency and Extracts of Juice of Green Beans and Cow's Milk on the Quality of Green Beans Kefir. D3 Senior Paper. Bandung Health Polytechnic, Bandung.

29. Nathania JB. 2009. Analisis Kualitatif terhadap Maserat dan Ekstrak Ultrasonik Katuk (*Sauropus androgynus (L.) Merr*) dengan Liquid Chromatography-Ultra Violet (LC-UV). S1 Thesis. University of Surabaya, Surabaya.
30. Novianti A. 2009. Perbedaan Tingkat Asupan Energi, Protein dan Zat Besi antara Remaja Putri dengan Anemia dan Tidak Anemia di Pondok Pesantren Ibadurrachman Kota Madya Tangerang. S1 Thesis. Esa Unggul University, Jakarta.
31. Oktaria HY. 2009. Effect of Corn (*Zea Mays Saccharata*) Extract and Cow Milk on Organoleptic Properties and Protein Content of Maygurt. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
32. Riwanti I. 2009. Effect Extracts of Pears (*Communis pear*) Supplementation on Quality (Organoleptic Properties, Acidity And Lactic Acid Levels) Kefir Products Pear Extract. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
33. Sagita DS. 2009. Effect of Clear Kefir on Glicemic Status and Lipid Profile of T2DM patients. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
34. Sari N. 2009. The Relationship of Street Food Nutrientd contribution with Body Mass Index and Hemoglobin Level of Adolescent School Girls in Pesantren Ibadurrachman - Tangerang. S1 Thesis. Esa Unggul University, Jakarta.
35. Silva MN. 2009. The Differences of Energy and Nutrient Intake according to Recall and Record Methods based on the time of consumption of Adolescent School Girls. S1 Thesis. Esa Unggul University, Jakarta.
36. Sulisetiorini. 2009. Identifikasi Pola Larik DNA Katuk (*Sauropus androgynus*) dengan Metode Random Amplified Polymorphic DNA (RAPD). S1 Thesis. Surabaya University, Surabaya.
37. Sulisetiorini. 2009. Identifikasi pola larik DNA katuk (*Sauropus androgynus*) dengan Metode Random Amplified Polymorphic DNA (RAPD). S1 Thesis. Surabaya University, Surabaya.
38. Titi Sundari R. 2009. The Differences Intake of Zinc, Selenium and Zinc Selenium Combined with Modifications Diet on the T2DM Patient's Blood Glucose Levels. D4 Senior Paper. Bandung Health Polytechnic, Bandung.
39. Wahyuni R. 2009. Effect of Powdered Skimmed Milk and Red Bean Extract (*Phaseolus vulgaris*) Supplementation on Protein and Kefir Organoleptic Properties of Red Bean Extract. D3 Senior Paper. Bandung Health Polytechnic, Bandung.
40. Widjaja J. 2009. Optimasi Kondisi Analisis Kualitatif Metabolit Katuk (*Sauropus androgynus (L.) Merr*) dengan Liquid Chromatography-Ultra Violet (LC-UV). S1 Thesis. Surabaya University, Surabaya.

## INDONESIAN DANONE INSTITUTE FOUNDATION

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## LIST OF ORAL & POSTER PRESENTATIONS AT NATIONAL & INTERNATIONAL SEMINARS

### 2009

1. Indra R. 2009. Quercetin Ameliorates Metabolic Syndrome and Improving Insulin Resistance in Diet-induced Obesity Rat Model. Oral presentation at International Symposium on Nutrition, October 10 - 13, 2009, Makassar, Indonesia.
2. Indra R, Satuman, Hernowati, TE, Ratnawati R. 2009. The role of Quercetin on Endothelial Daaysfunction Caused by Hyperleptin. Poster presentation at International Conference of Nutrition, October 4-9, 2009, Bangkok, Thailand.
3. Purwani EY, Purwadaria T, Agustinisari I, Suhartono MT. 2009. Preliminary Study on Utilization of Enzyme Hidrolyzed Starch by *Clostridium butyricum* BCC-B2571. Poster presentation at International Symposium on Nutrition, October 10-13, 2009, Makassar, Indonesia.

### 2010

4. Judiono, Djokomoeljanto RRJ, Hadisaputro S, Purwaningsih E. 2010. Effects of Plain Kefir Antioxidative Properties on Streptozotocin Induced Hyperclcemia Wistar Rats. Oral presentation at International Probiotic Symposium, August 4-5 2010, Jakarta, Indonesia.
5. Judiono, Djokomoeljanto RRJ, Hadisaputro S, Purwaningsih E. 2010. Effect of Plain Kefir on Lipid Peroxidation Status in Streptozotocin-induced Hyperglycemia Wistar Strain Rats. Oral presentation at International Functional and Nutraceutical Food Conference and Workshop, October 11 - 15, 2010, Denpasar, Indonesia.
6. Kolopaking R. 2010. Developing and Evaluating Nutrition Education for Mid-low Income Elementary School Children in an Urban Area of Jakarta, Indonesia. Poster presentation at 20th IUHPE World Conference on Health Promotion, July 11-15 2010, Geneva, Switzerland.

7. Nurrahman, Astuti M, Suparmo and Marsetyawan. 2010. The Antioxidant Activities, Mold Growth and Organoleptic Properties of Black Soybean Tempe Fermented by different Inoculums. Oral presentation at 3rd Soy Symposium: Health, Social-Cultural and Market Perspectives, Aug 2-3, 2010, Surabaya, Indonesia.
8. Purwani EY, Suhartono MT, Iskandriati D and Purwadaria T. 2010. Fermentation Product of RS3 Inhibited Proliferation of Colon Cancer Cell HCT-116. Oral presentation at International Society for Nutraceutical and Functional Food (ISNFF) International Conference, October 11-15, 2010, Bali, Indonesia.

## 2011

9. Judiono, Djokomoeljanto RRJ, Hadisaputro S, Laksono B, Purwaningsih E, Watuguly T. 2011. Comparative Study of the Effects of Plain Kefir and Meniran (*Phyllanthus niruri*) on Glycemic Status of Hyperglycemia Wistar Streptozotocin Induced Rats. Oral presentation at International Chemistry Seminar, November 18-19, 2010, Semarang, Indonesia.
10. Judiono, Hadisaputro S, Djokomoeljanto RRJ. 2011. Biomolecular Aspects of Plain Kefir Antidiabetic Potential: Study on glycemic, antioxidants status, immune response and pancreatic  $\beta$  cell regeneration on hyperglycemia Wistar rats Streptozotocin Induced. Oral presentation at International Food Conference, October 28-29, 2011, Surabaya, Indonesia.
11. Jus'at I, Sitompul M, Silvia MN. 2011. Fluid Intake among Female Adolescence: A comparison of two methods. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
12. Kustarini, Judiono, Watuguly T. 2011. Effects of multi doses of Streptozotocin induced on Nephropathy Diabetic Sprague Dawley Rats Animal Model. Oral and poster presentation at X Annual meeting of Clinical Pathology, September 21-25, 2011, Pontianak, Indonesia.
13. Kolopaking R. 2011. Used of Self-regulatory Approach to Change Dietary Behavior among Indonesian Elementary School Children. Oral presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
14. Kolopaking R. 2011. Effectiveness of Self-Regulatory Approach on Nutrition Education: Study Among Elementary School Children in Indonesia. 119th Annual Convention of the American Psychological Association, August 4-7, 2011, Washington, USA.
15. Muhammad HFL, Tyasnugroho PS, Palupi IR, Hartriyanti Y. 2011. A Compilation Study on Anemia in Pregnant Mothers Conducted by Several Institutions in Indonesia. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
16. Purwani EY, Purwadaria T and Suhartono MT. 2011. Oral presentation at 10th International Sago Symposium, October 29-30, 2011, Bogor, Indonesia.
17. Suparman, Alisjahbana, Sahiratmadja, Soemanto. 2011. Performanced of Local Strain *Mycobacterium tuberculosis* Antigen on Stimulating Interferon-Gamma (IFN- $\gamma$ ) Cytokine Secretion in Human Whole Blood. Oral presentation at Bandung Biomolecular Medicine Conference, October 23-24, 2010, Bandung, Indonesia.
18. Suparman. 2011. The Effect of Milk Based Protein Supplement Containing Synbiotic and Micronutrients on Immune Response among Treated Adults Pulmonary Tuberculosis. Oral presentation at the 7th Asia Pacific Conference on Clinical Nutrition (7th APCCN), June, 5-9, 2011, Bangkok, Thailand.

19. Suparman. 2011. The Effect of Milk Based Protein Supplement Containing Synbiotic and Micronutrients on Nutritional Status among Treated Adults Pulmonary Tuberculosis. Oral presentation at the 7th Asia Pacific Conference on Clinical Nutrition (7th APCCN), June, 5-9, 2011, Bangkok, Thailand.
20. Suparman. 2011. The Effect of Milk Based Protein Supplement Containing Synbiotic and Micronutrients on Microflora Balance among Treated Adults Pulmonary Tuberculosis. Oral presentation at the 7th Asia Pacific Conference on Clinical Nutrition (7th APCCN), June, 5-9, 2011, Bangkok, Thailand.
21. Susiloretni KA, Sunarto. 2011. Compilation of Survey Results on Food Consumption, Physical Activity, Lifestyle, and Nutritional Status Conducted in Indonesia between 2000-Apr 2010 among Adults Age 19-54 Years. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
22. Susiloretni KA, Sunarto, Widiyanto D, Yazid A. 2011. Effects of Multilevel Breastfeeding Promotion on Non-working Women in Rural Demak, Indonesia. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
23. Suyoto PS, Muhammad HFL, Palupi IR, Hartriyanti Y. 2011. Nutrient Intake of Pregnant Women in Indonesia : A Literature Study. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
24. Usfar A, Riyanti A. 2011. Dietary and Nutritional Messages in Indonesia: Are they addressing current problems? Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
25. Usfar A, Riyanti A. 2011. Do Indonesians Follow its Dietary Guidelines? Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
26. Wahyuni T, Krisnamurni S. 2011. Compilation of Studies Related to Food Consumption, Physical Exercise, Healthy Lifestyle, and Nutritional Status Conducted In Indonesia between 2000 - 2010 for Adolescence 13-18 years. Poster presentation at XI Asian Congress of Nutrition, July 13-15, 2011, Singapore.
27. Yunita O, Sulisetiorni. 2011. DNA Fingerprinting on ITS Region of *Sauropus androgynus*' DNA From East Java, by Random Amplified Polymorphic DNA Method. Oral presentation at International Conference on Natural Sciences (ICONS) July 9-11, 2011, Malang, Indonesia.

## NEWSPAPER COVERAGE

28. Puskesmas Guntur Menganangkan sebagai Puskesmas Sayang Ibu dan Bayi. Suara Merdeka, June 25, 2009
29. Puskesmas Guntur, Model Sayang Ibu dan Bayi. Suara Merdeka online, June 25, 2009.
30. Articles in 48 media with regards to the dissemination of book "Sehat & Bugar berkat Gizi Seimbang" between January and March 2011.

## LIST OF COMPLEMENTARY THESIS

### 2008

1. Adisti YP. 2008. Efek Quercetin terhadap Ekspresi Interleukin - 6 (IL-6) pada Serum Tikus Wistar Kondisi Obesitas in Vivo. S1 Thesis. Brawijaya University, Malang.
2. Aditya R. 2008. Pengaruh Quercetin terhadap Ekspresi LOX-1 pada Endhotel Aorta Tikus Wistar dengan Diet Tinggi Lemak. S1 Thesis. Brawijaya University, Malang.
3. Ayu, MK. 2008. Pengaruh Pemberian Quercetin terhadap Kadar Apolipoprotein (A) pada Plasma Tikus Wistar yang Diberi Diet Tinggi Lemak. S1 Thesis. Brawijaya University, Malang.
4. Bayu AW. 2008. Efek Pemberian Quercetin terhadap Kadar H<sub>2</sub>O<sub>2</sub> (Hidrogen Peroksida) pada Plasma Tikus Wistar dengan Diet Tinggi. S1 Thesis. Brawijaya University, Malang.
5. Bayu M. 2008. Efek Quercetin terhadap Ekspresi Plasminogen Activator Inhibitor Tipe I (PAI 1) pada Serum Tikus Wistar Kondisi Obesitas In Vivo. S1 Thesis. Brawijaya University, Malang.
6. Bintang N. 2008. Pengaruh Quercetin sebagai Anti Syndrom Metabolik terhadap Serum  $\beta$ -Endorphin pada Plasma Tikus Wistar Obes Secera In Vivo. S1 Thesis. Brawijaya University, Malang.
7. Fatmawati H. 2008. Quercetin Menghambat Disfungsi Endotel Tikus dengan Diet Induce Obesity melalui Penurunan Aktivitas Nfkb dan Peningkatan Aktivitas IRS - 1. S1 Thesis. Brawijaya University, Malang.
8. Febriana S. 2008. Uji Efektivitas Quercetin terhadap Kadar Adipocyte-Fatty Acid Binding Protein 9A-FABP) pada Serum Tikus Obesitas secara In Vivo. S1 Thesis. Brawijaya University, Malang.
9. Johan S. 2008. Efek Quercetin terhadap Kadar Super Oxide Dismutase (SOD) pada Plasma Darah Tikus Wistar Obese. S1 Thesis. Brawijaya University, Malang.
10. Kamantina V. 2008. Efek Pemberian Quercetin terhadap Kadar H<sub>2</sub>O<sub>2</sub> (Hidrogen Peroksida) pada Plasma Tikus Wistar dengan Diet Tinggi Lemak. S1 Thesis. Brawijaya University, Malang.
11. Ovita T. 2008. Pengaruh Pemberian Quercetin terhadap Kadar Tumor Nekrosis Factor (TNF- $\alpha$ ) Serum Tikus (*Rattus Novergicus*) Strain Wistar dengan Diet Tinggi Lemak. S1 Thesis. Brawijaya University, Malang.
12. Pridania. 2008. Pengaruh Quercetin terhadap Kadar IL-4 Sebagai Penanda Inflamasi pada Serum Tikus Wistar dengan Obesitas. S1 Thesis. Brawijaya University, Malang.
13. Rizal M. 2008. Pengaruh Pemberian Quercetin terhadap Penurunan V-Cam 1 pada Endhotel Tikus Wistar Obese. S1 Thesis. Brawijaya University, Malang.
14. Sanjaya, CR. 2008. Efek Anti Sindroma Metabolik Quercetin terhadap Kadar Adiponektin dalam Plasma Tikus Putih Jantan (*Rattus Norvegicus*) Strain Wistar Yang Obese. S1 Thesis. Brawijaya University, Malang.